PAÑÑĀGIRI MONASTERY
Newsletter

THERAVĀDA FOREST BUDDHIST COMMUNITY

SEPTEMBER 2026 | 🌿 SADDHĀ · VIRIYA · PAÑÑĀ

«If you let go a little, you will have a little peace. If you let go a lot, you will have a lot of peace. If you let go completely, you will know complete peace.»

AJAHN CHAH

NEWS

Paññāgiri Monastery Recognised within Ajahn Chah's Lineage

ELDERS COUNCIL MEETING (ECM) · AUGUST 2026

During the Elders Council Meeting (ECM), Paññāgiri was officially recognised as an affiliated monastery within the Wat Pah Pong lineage, in the Ajahn Chah tradition.

This recognition reflects the trust placed in Ajahn Nyanadassano's leadership as abbot of the monastery. Ajahn Nyanadassano was ordained in 2002 and has practised for over two decades in monasteries across Europe and Asia.

Paññā

n. Wisdom

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UPCOMING EVENTS

16–18 October
Silent Retreat with Ajahn Nyanadassano.



Vassa Retreat at Paññāgiri

JULY TO OCTOBER 2026

During this Vassa, the anagārikas affiliated with the monastery are undertaking their monastic training period at Amaravati (United Kingdom). At the same time, we are delighted to welcome two resident monks from Amaravati: Ajahn Ruciro and Ven. Jayadhammo, who will stay with us until the end of October.

Ajahn Ruciro, originally from London, worked for several years as a physiotherapist specialising in neurology before beginning monastic life at Amaravati in 2012. Ven. Jayadhammo, for his part, began his monastic training at Harnham Buddhist Monastery.

15 November
Second anniversary of the monastery. We will be joined by Luang Por Amaro.

DAILY SCHEDULE

05:00 — Meditation and Chanting
06:15 — Morning Chores
07:15 — Breakfast
08:00 — Work Period
11:00 — Food Offering and Personal Practice
17:00 — Tea
19:00–20:00 — Meditation and Chanting

UPOSATHA DAYS

Special days of renewed commitment to the Dhamma, corresponding to the four lunar phases. Everyone is welcome. Extended schedule:

17:00 — Tea (Questions to the Ajahn)
19:00–20:00 — Meditation and Chanting
20:15–21:00 — Dhamma Reflection by Ajahn Nyanadassano
21:00–00:00 — Sitting and Walking Meditation

On the new moon and full moon, resident lay practitioners take the Eight Precepts at 20:15. The following day is a rest day — no morning or evening sessions.

Upcoming Uposatha days:
5 September
11 September
19 September
26 September



Building Renovation Works

MASIA D'ARAGALL

Renovation works on part of the Masia d'Aragall will begin later this year, aiming to provide suitable facilities for residents and visitors. The works are expected to continue until spring 2027.

Silent Retreat

16–18 OCTOBER 2026

With Ajahn Nyanadassano. More information and registration on the website.

Upcoming Events

16–18 October

Silent Retreat with Ajahn Nyanadassano.

15 November

Second anniversary of the monastery. We will be joined by Luang Por Amaro. More information on the website.

4 October
11 October
19 October
26 October

STAYS AT PAÑÑĀGIRI

For those wishing to request a stay at the monastery, all the information and the application form are available at Stays at Pañňāgiri.

HOW TO SUPPORT

How to Contribute to Paññāgiri Monastery

Paññāgiri is sustained solely through the generosity of its benefactors, who offer time, skills, food, or financial donations.

For more information, contact theravadaespana@panyagiri.info, or visit our website.

Sādhu · Sādhu · Sādhu